

Medicines Matters

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Updates to the Lancashire and South Cumbria net Formulary 24.10.25 – 29.10.25

Updated Pathways and Guidelines

Atrial Fibrillation: Pathway for the prevention of stroke and systemic embolism in AF in the absence of valvular heart disease: updated to include the DOAC monitoring guidance, reflecting the NICE CKS recommendations and includes the four-monthly monitoring for frail and elderly patients.

New Position Statement

Position Statement on Prescribing Shower Protection Pouches: a new statement that does not support the routine prescribing of shower protection pouches and auxiliary products for patients on dialysis.

AMBER 0 RAG rating: *Suitable for prescribing in primary care following recommendation or initiation by a specialist*

Dexamethasone with Hypromellose, neomycin and polymyxin B sulphate: short term treatment of eye inflammation.

GREEN RAG rated: *suitable for initiation and ongoing prescribing in primary and secondary care*

5-Fluorouracil (Tolak®) 40mg/g cream: for the topical treatment of non-hyperkeratotic, non-hypertrophic actinic keratosis (Olsen grade I and II) of the face, ears, and/or scalp in adults. Prescribers should refer patients with skin lesions suggestive of skin cancers using the principles of the NICE suspected cancer guideline. Patients must be counselled in full on the correct use of fluorouracil 4% Cream, its risks and side effects.

DNP - Do Not Prescribe: *NOT recommended for use by the NHS in Lancashire and South Cumbria.*

Cyanocobalamin 50mcg/100mcg tablets: maintenance therapy of dietary related insufficiency. Patients should be advised to self-care by the purchase of 50mcg and /or 100mcg tablets over the counter.

Item Removed from Formulary -

Exenatide prolonged release (Bydureon (BCise®))